

Grade 8 and 9
2014 - 2015 Schedule

**Grades 8 and 9
Schedule**

8:10	Block 1
9:10	Block 2
10:07	Nutrition Break
10:25	Block 3
11:22	Block 4
12:19	Lunch
1:00	Block 5
1:57	Block 6
2:54	

Nutrition Break

It is very important that students bring a healthy snack for the Nutrition Break in the morning. Hungry students don't learn well. Healthy Option Vending Machines will be available 24-7.

Lunch

All students in grade 8 and 9 are encouraged to stay for lunch. We will have a healthy lunch catered every day or students are welcome to bring their lunch from home.

After School Activities and Clubs

There will be many choices for after school clubs and activities – not just teams! Students are encouraged to join these clubs and have some fun!

Team Sports

Students are encouraged to join athletic teams. Go Northern Knights! Practices for middle school teams will start at 3:00 pm.