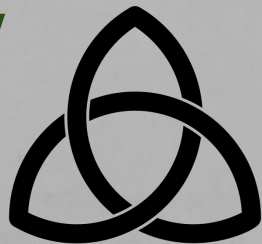


HOLY TRINITY DANCE ACADEMY



Excellence Artistry Fun



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INTRODUCTION

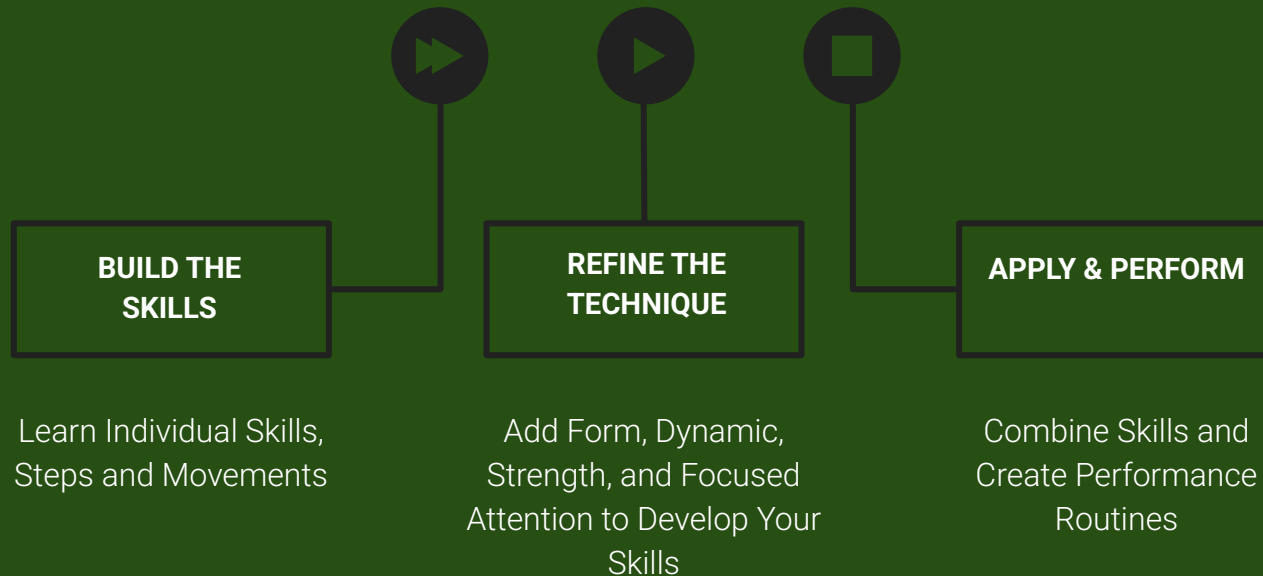
Like most things in life, you gain from your dance classes what you put into them. If you show up with full energy, ready to move, and dressed your best each class, you will be amazed by your growth throughout each semester.



**“I do not try to dance better than
anyone else. I only try to dance better
than myself.”**

—Mikhail Baryshnikov

MY TEACHING METHOD





WHAT SETS US APART

SECPA PARTNERSHIP

We are the only MS and HS Dance Program with two state of the art studios, and a black box theatre.

COMPREHENSIVE

HT Dance Academy is the only grade 7-12 school-based dance program in Fort McMurray

PROFESSIONAL

We offer diverse programming that is taught by skilled professionals.



CECCHETTI BALLET

A world-renowned training method used at professional schools.



JAZZ TECHNIQUE

Building strength, stamina, and stability through jazz technique inspired by industry legends.



CONTEMPORARY

Combines ballet technique with modern dance principles that highlight force and dynamic.



MUSICAL THEATRE

Adding charisma, and drama to your dance skills through song and theatre techniques.



TAP DANCE

Traditional tap steps with a strong focus on rhythm, musicality, and music theory.



STREET DANCE

Experiencing a variety of urban dance styles including hip hop.



OUR MISSION

To empower dancers to discover their own strength, confidence and artistry by developing a positive relationship with their bodies through dance.

OUR VISION

To help each individual dancer achieve their own unique goals.

OUR VALUES

COMMITMENT

Dancers are expected to attend class regularly in order to learn group choreographies and stay up to date with their technical training.

RESPECT

Students are expected to show respect for themselves, each other, and the environment through words and actions.

TEAMWORK

You are a part of a team. Routines and performances are group-based activities. Show up for your team and encourage each other.

SAFETY

Safety is important, so dancers are expected to show up in the appropriate hair, attire, and shoes. Form-fitted dancewear is important so that teachers can properly monitor form.

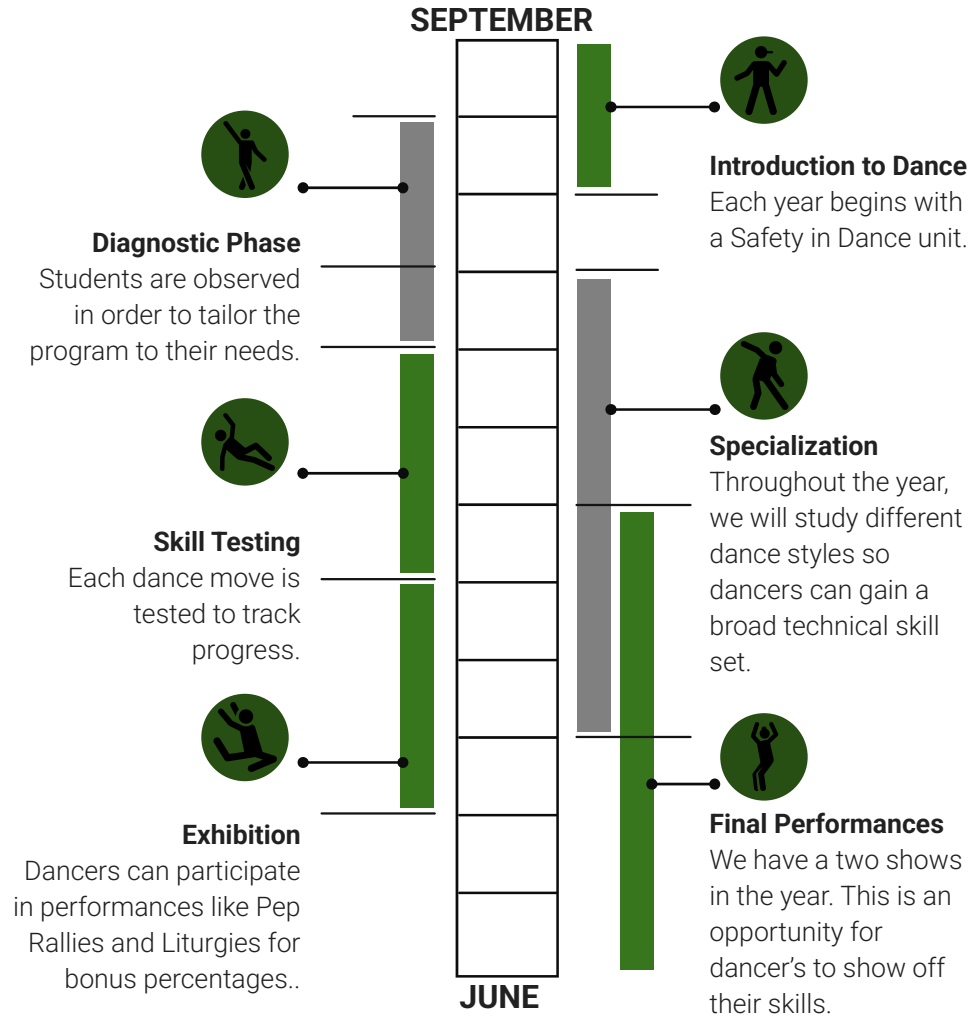
ACCOUNTABILITY: DAILY ASSESSMENT		Mark
Proper Etiquette and Attire	1. Student shows up on-time in the proper attire (hair pulled back neatly, form fitted athletic clothing, proper dance shoes, no jewellery).	1
	2. Student consistently demonstrates proper studio etiquette.	1
Participation	1. Student actively participates in class.	1
	2. Student puts forth full effort into all elements of class.	1
Teamwork	1. Student is supportive and encouraging of peers. Students participate in group routines and exercises with focus, care, and consideration for others.	1
Total Possible Mark		5

HT HIGH SCHOOL PROGRAM

Through our year-long program, students follow this progression of skills and benchmarks.

In our High School program, you receive:

- 5 Gym Credits
- 5 Dance Credits





HT MIDDLE SCHOOL DANCE ACADEMY

ACQUIRE

Students learn basic dance skills and techniques.

APPLY

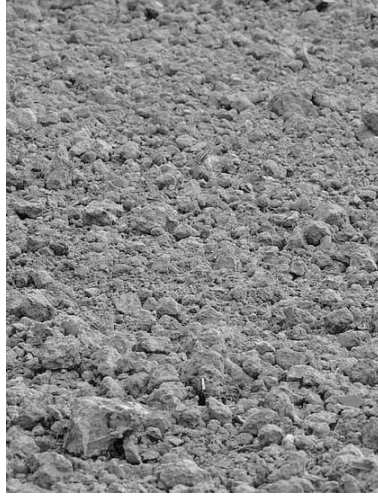
Students combine skills into phrases; short combinations of skills.

ADAPT

Students learn complex routines that show off the skills they have learned.

THE MS DANCE EXPERIENCE

START



Show up and be ready to participate.

GROW



Consistent attendance, remembering feedback, and applying corrections will lead to growth.

PERFECT



Mindful repetition will lead to improvement and mastery overtime.